

SEMESTER-I**BSc-PE-GE-1 (4)-103: PROFESSIONAL PREPARATION AND CAREER AVENUES IN PHYSICAL EDUCATION AND SPORTS**

Max. Marks:100

Credit=4(3Thz+1P)
45 Hrs Theory+30 Hrs Practical**OBJECTIVES**

- To develop an understanding of professional preparation in physical education.
- To develop skills to meet professional requirements.
- To understand the need for professional development.
- To acquire skill and competencies for professional development.
- To gain knowledge of curriculum development.
- To acquire skill to analyze, develop and evaluate curriculum

FUNDAMENTALS OF PROFESSIONAL PREPARATION

UNIT-I	HISTORICAL PERSPECTIVE	(09 hrs lecture)
	<ul style="list-style-type: none"> • Professional Preparation in India <ul style="list-style-type: none"> • Pre Independence perspective • Post Independence perspective • Comparative analysis of professional preparation program in U.S., Europe and China 	
UNIT-II	PROFESSIONAL PREPARATION PROGRAMMES	(09 hrs lecture)
	<ul style="list-style-type: none"> • Foundation: need, objectives and characteristic of professional preparation programmes • Courses available in physical education and sports. • Role of physical education teacher and institutes in professional preparation programmes 	
UNIT-III	PHYSICAL EDUCATION AND PROFESSIONALISM	(09 hrs lecture)
	<ul style="list-style-type: none"> • Concept and meaning of Profession, Professional and Professionalism. • Physical education as a profession. 	
UNIT-IV	CAREER AVENUES & JOB OPPORTUNITIES IN PHYSICAL EDUCATION & SPORTS	(09 hrs lecture)
	<ul style="list-style-type: none"> • Career avenues after under graduation and post graduation and research degrees. • Planning for a career : self-assessment, motivational dynamics, decision making, counseling and guidance 	
UNIT-V	EXPLORING AND VENTURING INTO NEW AVENUES	(09 hrs lecture)
	<ul style="list-style-type: none"> • Challenges and opportunities in physical education • Inter-relationship among various careers in physical education and sports 	

PRACTICALS :**30 hrs**

1. Case study on national sports policy/national education policy

REFERENCES

- Adams William C. Foundation of Physical Education Exercise and Sports Sciences, Philadelphia, 1991
- Gupta Rakesh, Sharma Akhilesh, and Sharma Santosh, Professional Preparation and Curriculum Design in Physical Education & sports Sciences, New Delhi, Friends Publications, 2004
- Hoover. Kenneth H., The Professional Teacher's Handbook, Boston, Allyn and Bacon, 1972
- Krik David, Physical Education and Curriculum Study, Kent, Croom Helm, 1988
- Sandhu Kiran, Professional Preparation and Career Development in Physical Education, New Delhi, Friends Publications, 2004
- Sandhu Kiran, Trends and Development in Professional Preparation in Physical Education, New Delhi, Friends Publication, 2006
- Wessel Janet A, and Kelly Luke, Achievement-Based Curriculum Development in Physical Education, Philadelphia, Lea and Febiger, 1986

- Zeigler E.F, Professional and Scholarly Foundation of Physical Education and Kinesiology, Sports Educational Technologies, 2007