

दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi - 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

ANNUAL REPORT NSS 2019-2020

National Service Scheme-Kirori Mal College (NSS-KMC) Unit is working through University of Delhi under Ministry of Youth Affairs and Sports (MYAS), Govt. of India since the programme was launched by MYAS in 1969.

The volunteers of NSS- KMC unit work with the motto: "Not Me But You". This reflects the essence of democratic living and upholds the need for selfless service. All the volunteers work towards giving back to the society. The strength of **NSS-KMC** cogitates in its tag line

"Sahas Se Sahyog Karen" which means to have courage, be / make others empowered to extend helping hand. With this aim all volunteers participate in all the activities, to be more focused, accountable, develop leadership, quality contribution to the community and social work. Unit works under two broad wings: **SAHYOG**- "CHILD EMPOWERMENT WING" *"EACH ONE*

TEACH ONE PROGRAMME" and SAHAS-"WOMEN EMPOWERMENT WING".

The structure of the unit includes Principal as **Patron** Prof. Vibha Singh Chauhan, headed by **Programme Officer** Dr. Benu Gupta, **Executive Committee** comprises of four office bearer viz President Ms. Bhavya, Secretary Ms. Toshita Joshi, Treasurer Ms. Arshita Chaurasia, Joint Secretary Mr. Akash Kumar Kannaujiya; **Coordination Committee** comprises of four members with at least one year of NSS experience viz Mr. Rishav Kumar, Ms. Vidhi, Ms. Ananya Yadav, Ms. Sukriti Chawla and this year there are total 90 **Volunteers** including Boys 41 and Girls 49.

The unit conduct National Programmes (as per directives of MYAS), Out-Reach Programmes, Social Work, SUPATH (*Three day event includes HAPPY FEET & PRIDE PARADE, AASHAYEIN help yourself fest & ALANKARAN and PAHAL empowering women sports meet*), KMYP (Kirori Mal Youth Parliament), NSS DAY with WOMEN CONCLAVE, BLOOD DONATION & HEALTH CAMP, UMANG Sports Meet for underprivileged, women & special kids, FELCITATION & Legacy Connection Ceremony, SUMMER-INTERNSHIP. One programme which is run by the unit throughout the year is the EACH ONE TEACH ONE programme, where the children of the adopted village of



दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

Chandrawal lane no 3,4,5 & 6 come to college premises every day from 3-5pm. The aim of the programme is to provide academic support / free tuitions, recreational innovative activities, cultural activities and personality development activities, celebrations of national days and festivals for adopted village kids in college premises.

Other than these activities, unit also works not only for the women empowerment but also spreads awareness about the pressing contemporary issues regarding the same through different events, interactive sessions, workshops as well as various drives. In 2019-2020, unit also joined hands with EKAL VIDYALAYA through which our selected volunteers conduct "Helping Hand Camp" in the villages under Ekal Vidyalaya as a regular feature.

NSS-KMC can be contacted and followed on: nssofficer@kmc.du.ac.in info.nsskmc@gmail.com, https://www.facebook.com/NSSKMC/ https://instagram.com/nsskmc?igshid=r0ra0x13o3db Other Activities Related Links:

http://www.facebook.com/its.sahyog/ http://www.facebook.com/sahaskmc/

http://www.facebook.com/kirorimalwomenconclave/ http://www.facebook.com/KiroriMalYouthParliament/ http://facebook.com/events/s/aashayein-jashn-e-diwali/561519644293350/?ti=cl http://instagram.com/sahyog_kmc?igshid=1m6ig5180yqu http://instagram.com/sahas_wec?igshid=19plwusq8alws



दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

ANNUAL REPORT ACADEMIC SESSION (2019-20)

'SAHAS SE SAHYOG KAREIN" with this aim, the National Service Scheme of Kirori Mal College began its working for the new session of 2019-20 in high spirits. The volunteers were led by our **Programme Officer** Dr. Benu Gupta. She was assisted by a team of **Executive Committee**: Bhavya (PRESIDENT), Toshita Joshi (GENERAL SECRETARY), Arshita Chaurasia (TREASURER) Akash Kumar Kannaujiya (JOINT SECRETARY); **Coordination Committee**: Mr.

Rishav Kumar, Ms. Vidhi, Ms. Ananya Yadav, Ms. Sukriti Chawla and 90 **Successful Volunteers** selected out of 100 volunteers who worked towards making each activity undertaken by the unit, a huge success. Thus, keeping in mind the motto of NSS *"Not Me But You*", the unit began its working in the month of August as NSS annual year is August 2019 to July 2020.

The activities of the National Service Scheme unit of Kirori Mal College commenced with the yoga day. On 21 June 2019, volunteers took part in the 5th International Yoga Day held at Gandhi Bhawan, North Campus, DU from 7am to 8 am in the presence of Mr. Yogesh K Tyagi, Vice Chancellor of DU. Then registration process of new volunteers took place and subsequently their recruitment and **Orientation Programme**. In orientation programme on 5th August 2019 new recruited volunteers were familiarised with the workings of the unit and the activities that had been conducted in the previous academic session. A plan was also put forward about the activities that were planned for the upcoming session.

The child empowerment wing *"Sahyog"* also began its sessions of *"EACH ONE TEACH ONE"* from the 8th August, 2019, when the children of the adopted village of the unit started coming for the free tuitions and empowering activities that is provided by the volunteers. More than 75 students from the Chandrawal village were taught by our volunteers for the entire year. Throughout the year all National Days and different festivals like Independence Day, Republic Day, Raksha Bandhan, Eidal Adha, Makar Sankranti, Lohri, Hindi Diwas, Teacher"s Day, Muharram, the death anniversary of Bhagat Singh etc. were observed by the unit with the children of Chandrawal. The children were also informed about each of the day and the reason behind its celebration. Children were also encouraged to speak few lines or perform any activity on the theme of celebration day.

A **Donation Drive** was conducted from 31th July to 2nd August to provide the basic amenities for the flood affected regions of Assam, which saw a successful result when the goods reached the affected areas. This drive had been conducted in collaboration with the North East Students" Cell of Kirori Mal College. Unit coordinated with Dibrugarh District Administration and Chikum NGO Dibrugrah for the distribution of the collected donation material to the flood victims on 23rd August 2019 at Bhagamur Block Village.

The volunteers actively participated in the Live-Streaming of **FIT INDIA MOVEMENT** on National Sports Day on 30th August 2019 in the Convention Hall University of Delhi, in which the Hon"ble Prime Minister of India was addressing the youth of the country while launch of FIM, emphasising the importance of sports and fitness in the



दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

everyday life, particularly in this tech-addict generation. It was followed by mass-aerobic participation joined by more than 1000 DU students in DU Stadium Multi Purpose Hall. NSS-KMC made an awareness rally and later continued the movement by Plog-Run and different fitness activities in community.

Under Child Empowering Out Reach Programme, unit this year also started reaching out to school and orphanage. On the morning of 22nd August, volunteers from NSS KMC paid a visit to **CEC School**, Sahyog Human Foundation. On 27th, NSS volunteers visited the **Masoom NGO** in RK Puram with the desire to teach and educate the children regarding sensitive issues. The volunteers paid two visits to **Government Boys Senior Secondary School (Number - 2), Roop Nagar**, Delhi on 28th August and 3rd September, 2019. The main objective of this programme was to conduct interactive sessions with the children and create an environment wherein they feel safe to share their views on the most sensitive topics which encircle us nowadays. Also to teach them the importance of moral values and spreading awareness on the topics **good and bad touch**. We are further committed to continue with them the sessions on related life skills, this year it was scheduled in the month of March with participation of 50 volunteers.

The **Kirori Mal Women Conclave** and **NSS Day** celebration is one of its kind events held annually by the NSS-KMC on 23rd-24th September, 2019 with participation of 350 students and teachers taken together. This year it observed the principles of Mahatma Gandhi to commemorate his 150th birth anniversary and the theme was **SAY No TO PLASTIC** this year. All the decorations and the entire setup were made up from reused papers and eco friendly materials with negligible use of plastic. These small steps and initiatives were followed throughout the year. National Service Scheme of Kirori Mal College understand the objectives and goals of **Swachh Bharat Abhiyan** and put into effect the ways by which it can be attained. The two day event concluded with interactive sessions and performance by adopted village kids.

The Women Conclave was a 2- day programme that was organised to deliberate, discuss and debate the facets of life of women and celebrate the essence of womanhood. There were two **Panel Discussion** on promising topic like **"Inspiring**

stories around us" and "Voices of Women : Transition from Inspiration to Action" the panellists were Mr. Kanishk Priyadarshi (Actor and anchor), Mr.Pavitra Paruthi (Actor and anchor at Scoopwhoop), Ms. Aleesha Matharu (Editor, Livewire Assistant editor, The Wire), Ms. Ira Trivedi (Author and Yoga Acharya), Mr. Niraj Gera (Social reformer and social documentary photographer), Ms. Pallavi Rebapragada (Policy fellow), Ms. Sonia Jain (Motorcyclist, Athlete) who also shared the inspiring experiences and challenges she faced being the first women motorcyclist of the country

Three Speaker's session included one on most required topic **"Cyber Security and Youth**" by **Mr.Rakshit Tandon** (cyber security expert) in which participants were familiarized with the concept of "Two Step Verification" and "Google Authentication" to ensure the protection of their digital identity and much more. The other session was on **"Changing dynamics: Women in the field**" by **Ms. Ira Singhal**, (IAS, 2014 UPSC CSE , AIR 1) who is the first differently abled woman to top the UPSC"s Civil Service Examination in General Category. She gave various examples from her life to explain that it s very important for women to come up in the public sphere and participate in the decision making because that show the country will progress at a faster pace. The last speaker session was on **"Vulnerability- The name is women**" by **Ms. Swati Maliwal** the Chairperson, Delhi Commission for Women. This was followed by an interactive guestion and answer session wherein the audience raised pertinent questions. Ms. Mailwal



दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

also mentioned the importance of the role of the male gender in such movements by giving example of the **'Rape Roko Movement'** which witnessed a marvellous participation by men. She concluded the session by exclaiming *"Jab tak zinda hai hum ladte rahege aap logo ke sahyog ke saath"*.

The event culminated with the celebration of the 50th NSS Day from the day when NSS programme was implemented by the central government. This included the several cultural programmes that were prepared by the children of Chandrawal and NSS-KMC Alumni also joined the celebration.

SPECIAL CAMP 2019: NSS-KMC organised a **7-DAY SPECIAL CAMP** from 10-16 October, 2019 from 7 AM-7 PM with the theme **"GREEN INDIA FIT INDIA"** in the premises of Kirori Mal College and the adopted village Chandrawal. Several activities were organised for the volunteers while keeping the theme of the camp in mind: Yoga and meditation, Aerobics, Zumba, Sports, Swacchtha Abhiyan, "Say No to Plastic" rally in the Chandrawal village, Self defence, plantation drive etc. The aim of the camp was to make the youth aware of the importance of having a fit and healthy lifestyle and the need to keep the earth clean and green for the future generations. 50 volunteers actively participated in the special camp.

SUPATH-2019 With participation of more than 800 people the Annual Fest was also organised during the month from 19th-22nd October and included: Day-1: Happy Feet Plog Run and Pride Parade on 19th, Day-2 AASHAYEIN: Jashn-e-Diwali (help yourself fest) and Alankaran the fashion show on 21st and Day-3 Pahal: sports meet for girls on 22nd. The aim of these was to all-encompassing: "Happy Feet Plog" run aimed to spread health awareness with emphasis on cleanliness. Happy Feet wanted to uphold the message of equality and that love has no gender. "Aashayein" provided a platform to the children and women of the adopted village of Chandrawal to showcase their handmade products that they prepare with the aid of the volunteers of the unit and the proceedings collected would be used for them. "Pahal" is an all-girls athletic meet that is organised to increase the participation of girls in the field of sports and provide them a platform. The unit also observed the National Unity Day that marked the birth anniversary of Sardar Vallabhai Patel.

One of the greatest achievements of the unit was that the first NSS-KMC

Volunteer Mr. Rishav Kumar was selected to represent the NSS from Delhi University at the Pre-RD Camp that was organised at Chitkara University, Punjab in the month of November. Further National Vigilance week was also observed by the unit where a pledge was taken by the volunteers to refrain from practicing corruption and take measures to eradicate it in all forms.

Two volunteers of the unit, Yogesh Goyal and Yashika Gupta were selected by

SVEEP as their campus ambassadors and conducted a voter"s day awareness drive which would culminate with the celebration of the **NATIONAL VOTER"S DAY** on 25th of January. An awareness rally was also taken out by the



दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

volunteers with twin focus: to make the public aware of their right to vote and to protect the girl child. One of the volunteer, Ms. Saomya Bhardwaj also had the honour to participate in the **National Youth Festival** that was held in Lucknow in the month of January.

SEMINARS & WORKSHOPS NSS-KMC organised different seminars and workshops on demanding current topics. In this series, this year the first seminar of this session was organised in collaboration with the **EKAL VIDYALAYA YOJANA** on 19th August which aimed to familiarise the audience with the working of the institution and their role in the development of people from the under-privileged areas of India. Another seminar was also conducted in collaboration with the National Centre for Excellence and Advanced Research on Diet to increase awareness and general understanding among the students with regards to general diet.

A Seminar on **Blood Stem Cell Awareness** was organised to spread awareness about the need to donate the excess stem cells that the human body makes. This seminar was organised in collaboration with *Datri Stem Cell*. Another was a **Road Safety Workshop** organised in collaboration with **Indian Road Safety** Campaign on 21st February 2020 to spread the awareness regarding the increase in the number of deaths of people and particularly youth, due to road accidents. The role of police and hospitals in road accident situation were clarified, speakers also emphasised on misconception that a legal action would follow for the individual who helps the person injured due to road accident was also cleared and right of the people were also shared. After awareness and measures discussion all the 75 participants were divided into groups to discuss and deliberate as a group on the how we can work in collaboration with government and society followed by a debate and interaction of two groups viz government and society. In conclusion NSS-KMC made a road map of its regular contribution the campaign.

Swacch Bharat Summer Internship

Though as per NSS calendar SBSI is done at end of the previous year but reported in current academic session because it is conducted in the month of June-July.

Following the call of the hon"ble Prime Minister for each individual to devote time towards the aim of Swachhtha throughout the year, the volunteers of NSS, Kirori Mal College unit participate in the Swachh Bharat Summer Internship to provide 50 hours of Swachhtha, an initiative taken by the ministry of Jal Shakti along with the Ministry of Youth Affairs.

The 50-hour programme required the interns to conduct "Swachhtha" related activities in a village area and contribute to the cause of rural sanitation in India. The following volunteers from the NSS unit of Kirori Mal College participated in the internship programme under the guidance of the Programme Officer, Dr. Benu Gupta: **Mr. Rishav Kumar, Ms Sarita Lamba, Ms. Shivani Daga, Ms. Surbhi Bhardwaj, and Mr. Umang Bhatia**. The interns conducted swachhtha related activities in the adopted village area of NSS, Kirori Mal College i.e. Chandrawal Village Lane no 3, 4, 5 & 6 Delhi from 1-14 July, 2019

The activities conducted by the volunteers/ interns during the period were: Swacchtha Survey (to analyse the problem related to the solid waste management faced by the people of Chandrawal), Door to Door campaign (to emphasise the importance of proper waste management in the surroundings), Swachhtha workshop (to educate the young minds about the importance of clean surroundings), Cleanliness drive (to instil the value of taking responsibility for clean surroundings among the local people), Distribution of saplings and Swacctha



दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

Utsav, which was the final cultural event conducted by the interns on 14th July. They performed the *Nukkad Natak* titled "Kura", highlighting the issues like open defecation, littering, diseases caused due to open and stagnant water and say no to plastics. Ms. Kajari Yadav, a local resident was also facilitated for her dedicated efforts towards mobilizing locals and cleanliness in the locality. The Swacctha Utsav concluded with the Swachhtha Pledge where everyone vowed to dedicate at least two hours per week towards the cleanliness and to encourage other 100 people to work for the same.

FEW FIRSTS While concluding, it would be unfair if we do not highlight a few firsts that the unit and the college experienced. Kirori Mal College witnessed its first **PRIDE PARADE** that was organised by the National Service Scheme under its annual fest SUPATH. In the same series of events, a fashion show was also organised by the unit for the first time in the college. The fashion show

"ALANKARAN" aimed to promote the students across the university and adopted village to come and show their heritage and culture. Lastly in the series of firsts, it was a feather in the cap for the unit as well as the college when NSSKMC Volunteer participated in Republic Day Parade 2020, Mr. Rishav Kumar was among selected 2 out of approx. 800 volunteers from University of Delhi and 40 out of 200 volunteers from NSS North Region.

However, due to the unforeseen circumstances of the sudden spread of the COVID-19 virus, the unit could not organise the Blood Donation & Health Camp that was scheduled in the last week of March. NSS-KMC has volunteered by registering on *self4society.my.gov.in* for any helping hand Indian Government call for fighting with pandemic of COVID-19. But NSS-KMC Volunteers are actively working with government on COVID-19 Management Team.

Thus, in conclusion, it was with the constant support and guidance of Hon"ble Principal Prof. Vibha Singh Chauhan and Programme Officer Dr. Benu Gupta, who provided the essential aid for the working of the unit at the college, university and national level. The support of teaching and non-teaching staff of the college is constant motivation to the team. It was also the tireless efforts of the members of the core team and the volunteers who worked round the clock for the success of each task / activity taken by the unit throughout the session of 2019-20. *"ONCE A*"

VOLUNTEER ALWAYS A VOLUNTEER" with this thought we will keep serving our society where ever we are.

Team NSS-KMC



दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

SOME GLIMPSES OF DIFFERENT ACTIVITIES OF NSS-KMC 2019-2020

FLOOD DONATION DRIVE



GLIMPSES OF NATIONAL DAYS & FESTIVAL CELEBRATIONS:



दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College

















दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

FIT INDIA MOVEMENT (30TH AUGUST 2019) & PLOG RUN















दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in



EKAL VIDYALAYA SEMINAR & TRAINING SESSION



YOGA DAY





दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College





NCEARD SEMINAR 50TH NSS DAY & WOMEN CONCLAVE 24th September 2019





दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College









दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in







VISIT TO THE SCHOOL & ORPHANAGE



दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

7-DAYS SPECIAL CAMP: "GREEN INDIA FIT INDIA"







दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College







दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

SUPATH 2019





दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College







दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College







दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College









दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College







दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in

NSS VOLUNTEER MR RISHAV KUMAR in REPUBLIC DAY CAMP







दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in



VOTERS DAY CELEBRATION Awareness Campaign

NSS VOLUNTEER MISS SAOMYA BHARADWAJ performing in National Youth Festival



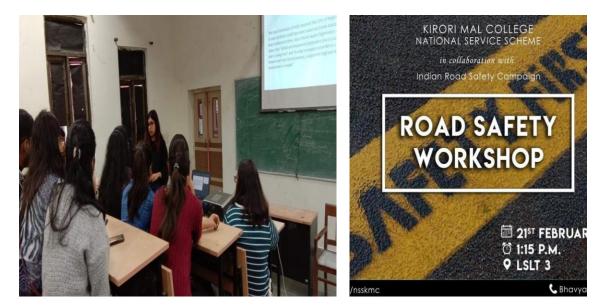


दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in



SUMMER INTERNSHIP WORK GLIMPSES:



दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



University of Delhi, Delhi – 110007 Email: principal@kmc.du.ac.in Tel. No.: 011-27667939 Website: kmc.du.ac.in





National Service Scheme Kirori Mal College

स्वच्छ भारत अभियान









दिल्ली विश्वविद्यालय, दिल्ली - 110007

Kirori Mal College



